



## Title: Limbs for Humanity - Prosthetics and Care for Those in Need

### PROJECT DETAILS

#### Project Objective:

Enhance establishment of self-contained prosthetics facility in Puerto Peñasco & Reduce prosthetic delivery times. Provide the local Limbs for Humanity project with the necessary equipment, tools, and materials to optimize production and fitting of high-quality prosthetics. Accelerate manufacturing and distribution processes to decrease delays in delivery.

- Increase the number of beneficiaries served across region
- Promote awareness campaign as to early detection of diabetes and wound care
- Strengthen program sustainability

Implement strategies to reduce costs and secure long-term resources, ensuring the project can continue transforming lives year after year.

**Country/Location:** México

**Focus Area:** Disease Prevention and Treatment

**Implementation Year:** 2027

**Total Project Budget:** \$86,650.00 USD

**Missing Funds:** \$40,150.00 USD

#### Community Assessment:

##### Overview:

Limbs for Humanity has been providing lower-limb prosthetic services in Puerto Peñasco since 2019. In assessing needs through the cooperating organization, the ability to manufacture the prosthetics locally will address the pressing need for more timely delivery, broadening the number of beneficiaries across the region.

Across Mexico, there are approximately 75 amputations performed daily, equivalent to more than 25,000 people a year (Instituto Nacional de Estadística y Geografía)

- Mexico has an estimated 3 million amputees due to the high prevalence of diabetes. Diabetes is a major cause of lower-extremity amputations, which can lead to a significant reduction in quality of life.
- This nationwide context highlights the importance of recognizing and addressing the needs of amputees in Sonora.

Why did you decide to focus on addressing this problem?

What other needs exist in the community?

What other organizations are working in the community on issues that are not related to the problem you identified and what services are they providing?

Who conducted the community assessment and when? What methods were used?

Describe the community and institutions where your project will take place. Include any relevant information about the area

Tell us about the people that the project will help

Based on the community assessment, describe how the problem you identified is currently being addressed or mitigated. What are the key challenges?

What are the community's strengths and resources?

Are any similar programs or initiatives being implemented in the community by non-Rotary entities, government agencies, or nongovernmental organizations (NGOs)? How will these similar initiatives enhance your project's effectiveness?

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#### **Project Design:**

Stage 1:

Community Health Awareness

In collaboration with the University of Michigan, door-to-door visits across Puerto Peñasco, informing the community about the project and raising awareness on early detection of diabetes and wound care.

Stage 2:

Patient Assessment

Each possible beneficiary is evaluated to verify economic vulnerability and determine if they are a candidate for a prosthetic device. This assessment, performed by prosthetic professionals of Limbs for Humanity, ensures that support reaches those who need it most and that the prosthetic is appropriate for their needs.

Stage 3:

Prosthetic Fabrication

Once a candidate is identified, the prosthetic is produced using the clinic's materials and tools. This process allows each prosthetic to be customized to the patient's physical characteristics and requirements, ensuring comfort and functionality.

Stage 4:

Prosthetic Delivery and Follow-up

The patient receives their prosthetic along with close follow-up (Limbs for Humanity team): verifying proper function of prosthetic, make necessary adjustments and maintenance, and provide guidance so that patients can fully benefit from their new mobility and improve their quality of life.

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#### **Direct Beneficiaries:**

Estimated annual beneficiaries from program: 150

In collaboration with Rocky Point Medical Clinics in Puerto Peñasco, Limbs for Humanity has assisted more than 450 people from all over the country since 2019, represented as follows:

- San Luis Rio Colorado 50%
- Mexicali 15%
- Sonora (including Hermosillo, Puerto Peñasco) 12%
- Tijuana and Sinaloa 10% each
- Patients from Puebla, Chiapas, and Guanajuato 1% each

Majority of patients are adults:

90% men, 9% women, 1% children

Reason for initial amputation:

90% health issues (diabetes), 10% accident/other

Puerto Peñasco patients since 2019: 110

80 men, 29 women, one young girl

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#### **Sustainability:**

Implement strategies to reduce costs and secure long-term resources, ensuring the project can continue transforming lives year after year.

- Partner with hospitals and clinics to provide early intervention in diabetes related wound treatment.
  - Train local community volunteers in treatment skills necessary for amputee rehabilitation and physical therapy.
  - Implement a tiered payment system to balance subsidized and standard care services.
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#### **Collaborators:**

Limbs for Humanity, Rocky Point Medical Clinics

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#### **Evaluation and Monitoring:**

Number of beneficiaries

Number of community volunteers trained in skills for amputee rehabilitation

Number of community members partaking in health awareness campaigns

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## **PROJECT CONTACTS**

**Host Club:** Club Rotario Mar de Peñasco (District 4100)

**Contact:** Rick Golish - [rpgolish@gmail.com](mailto:rpgolish@gmail.com)

International Club: Saint George Sunrise D5420 (District 5420)

Contact: Egor Shulman - shulman@infowest.com

PROJECT FINANCE SUMMARY

Finance Calculator

Funds Sources (Requested / Committed)

| Source                             | Club (Cash)     | District (DDF)  | Match + 5% Fee  | Total           |
|------------------------------------|-----------------|-----------------|-----------------|-----------------|
| Club Rotario Mar de Peñasco (Cash) | \$14,500.00 USD | -               | +\$725.00 USD   | \$14,500.00 USD |
| Distrito 4100 (FDD)                | -               | \$5,000.00 USD  | \$4,000.00 USD  | \$9,000.00 USD  |
| Saint George Sunrise D5420 (Cash)  | \$5,000.00 USD  | -               | +\$250.00 USD   | \$5,000.00 USD  |
| Distrito Intl 5420 (FDD)           | -               | \$10,000.00 USD | \$8,000.00 USD  | \$18,000.00 USD |
| TOTALS                             | \$19,500.00 USD | \$15,000.00 USD | \$12,000.00 USD | \$46,500.00 USD |

\*\* Required FDD \*\* \$12,000.00 USD

|                               |                 |
|-------------------------------|-----------------|
| Total Requested Budget        | \$86,650.00 USD |
| Total Obtained Funds          | \$46,500.00 USD |
| ** Funding Gap **             | \$40,150.00 USD |
| Total 5% Cash Fee (info only) | \$975.00 USD    |

DOCUMENTS, PHOTOS & FILES (CLICK TO OPEN)

FOLDER: ARCHIVO GG (1 FILES)

[PDF] GG-ID-Limbs-for-Humanity.pdf 134 KB

FOLDER: EJECUTIVA (1 FILES)

[PDF] GG-Limbs-for-Humanity.pdf 1,681 KB

FOLDER: FOTO PROMOCION (1 FILES)

[JPEG] WhatsApp Image 2025-10-29 at 21.12.54.jpeg 87 KB

FOLDER: FOTO SITIO (1 FILES)

[JPEG] WhatsApp Image 2025-10-29 at 21.12.55 (2).jpeg 155 KB

FOLDER: PRESUPUESTO (1 FILES)

[XLS] LFH Prosthetic\_Lab\_Equipment\_List.xls 31 KB